Rotary Club of Durham

Connect. Collaborate. Serve.

LIGHT UP ROTARY

June 22, 2015

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The mission of Rotary International is to support its member clubs in fulfilling the Object of Rotary by:

- Fostering unity among member clubs
- Strengthening and expanding Rotary around the world
- Communicating worldwide the work of Rotary; and
- Providing a system of international administration

THE 4-WAY TEST

Of The Things We Think, Say or Do:

1. Is it the TRUTH?
2. Is it FAIR to all concerned?
3. Will it build GOODWILL and BETTER FRIENDSHIPS?
4. Will it be BENEFICIAL to all concerned?

PROGRAM SCHEDULE

06/22 **Emeritus Professor John Staddon, Duke University Psychology & Neuroscience**
Unlucky Strike: Private Health & The Science, Law & Politics of Smoking
Introduction: Jay Zenner

06/29 **End of Year Celebration (*Evening Event*)**
No Daytime Lunch Meeting!

07/06 **No Meeting!**
In Observance of The 4th of July Holiday

07/13 **OFFSITE MEETING!**
Ben Adams, KIPP Administrator
Knowledge Is Power
Introduction: Phail Wynn

07/20 **OFFSITE MEETING!**
Centennial Program: Community
Introduction: Brady Surles

SERVICE SCHEDULE FOR JUNE 22, 2015

Music
Pianist: SHARON LASSITER
Vocalist: GEORGE DEATON
"GOD BLESS AMERICA"
Invocation & Rotary Minute
LOIS DELOATCH

DRC Raffle: RI Foundation Programs
Contribution: $1/Ticket; $5/6 Tickets
Proceeds: ½ RI Foundation; ½ Winner
Rotary International: $51.50/Raffle Winner: $51.50
Total: $103.00
Raffle Winner: Bill Stokes, Jr.

CART Fund (*Coins For Alzheimer's Research Trust*)
6/15 $34.71

CENTENNIAL PROGRAM: HUNGER

JILL STATON BULLARD, DIRECTOR OF INTERFAITH FOOD SHUTTLE

Jill Staton Bullard, Co-Founder and CEO of The Interfaith Food Shuttle, discussed widespread hunger, food insecurity, and lack of access to nutritious food in The Triangle. Shockingly, in a state that is generally regarded as relatively prosperous, well-educated, and progressive, North Carolina ranks fifth in the nation in childhood food insecurity. In the seven counties served by Interfaith Food Shuttle, roughly 270,000 people cannot count on square meals on a regular basis. Of that number, 116,000 are school age. And that doesn't even count children less than six years old. In North Carolina, one in five children go to bed hungry; and in The Triangle, one in four under the age of six goes hungry. Presumably, matters are worse in the summer months when school cafeterias are shuttered and not feeding breakfast and lunch to eligible children.

Many of us probably think that hunger and inadequate diets are confined to the homeless and truly destitute. In reality, Jill says, the working poor constitute the largest number. Although the collection and distribution of food to the needy is the principle activity of Interfaith Food Shuttle, the real problems are insufficient income and lack of access to sources of nutritious food. Jobs, and at least a livable minimum wage, would go a long way to solving the problem.

Jill got the idea of founding a non-profit food distribution program back in 1989 when she stopped at a fast food restaurant to pick up some sandwiches for soccer moms and dads. She noted the servers were throwing away perfectly good breakfast items because "it was almost lunchtime." She began soliciting donations from restaurants and grocery stores. Over the years, a more sophisticated and widespread system of "harvesting" food has developed. An interesting fact that I found in a news article was that she was the driving force behind the "Good Samaritan" Law passed by The North Carolina Legislature in 1992 that allows businesses to donate unsold foods without fear of lawsuits.

Access to nutritious food is also a major problem. What she called a "food desert" is an urban area where a full-fledged grocery store is not within a mile walking distance. The only food accessible to many people is the local convenience store. But sausage sticks, cans of beanie weenies, and sugar laden snacks are hardly adequate substitutes for good food. This can be an especially burdensome problem for the more than 40,000 seniors in the area, many living in subsidized housing and without transportation, who have difficulty getting to a store.

Even if grocery stores are available, some people are not smart shoppers. Her advice is to shop the outer walls of grocery stores. That is where fruits, vegetables, meats, and dairy products are located. Processed foods found on shelves along the aisles are typically rich in sodium, fats, sugars, and additives. She is especially concerned about young people who have little knowledge about foods. When asked, "where does food come from?" the usual answer is "from the grocery store." Raising some of one's own food is a good introduction to food education. Innovative ways to get food into food deserts might be mobile markets that come to the neighborhood, organizing "backpack buddies," or using schools as a distribution point.

Club Statistics as of June 22, 2015:

Club Members: 237; Active: 203
Active-LOA: 5; Honorary: 28
Staff Positions: 1

OUR JUNE 2015 BIRTHDAYS

Member	Birthday
BILL LEFEVRE	JUNE 01
AISANDER DUDA	JUNE 01
DON DRAUGHON	JUNE 06
JACKIE PIERCE	JUNE 06
CHARLIE STEEL	JUNE 06
DON STANGER	JUNE 07
RENEE LEVERTY	JUNE 08
RICK JORGENSEN	JUNE 12
SAM NICHOLS	JUNE 12
BRENDA HOWERTON	JUNE 13
DAVE SHAW	JUNE 14
CHAD QUINN	JUNE 14
BRETT ROBERTS	JUNE 17
LIZZIE ELLIS-FURLONG	JUNE 18
SYLVAIN MARGUERAT	JUNE 18
SHANNON LESKIN	JUNE 21
BRANTLEY DELOATCHE	JUNE 21
MELISSA MILLS	JUNE 24
JOSE LOPEZ	JUNE 30

PENDING NEW MEMBERS
SYLVAIN D. MARGUERAT *(SPONSOR: MATT KOPAC)*
PETER DEGREEFF JACOBI *(SPONSOR: JIM LEAK)*
TRACY MACINI *(SPONSOR: BILL INGRAM)*
LEIGH ANN HAMBY *(SPONSORS: DOUG KOENIG & LOIS CRANFORD)*
ROBERT STEVENS *(Transferring From Durham Sunrise Club)*

2014-2015 ROTARY LEADERSHIP

RI President: Gary Huang
District Governor: Matthew Kane
ADG-Area 7: Joyce McKinney

2014-2015 Club Officers

President: Vandana Dake
Immediate Past-President: Bill Ingram
President-Elect: Lois Deloatch
Vice-President: Todd Taylor
Secretary: Phyllis Coley
Treasurer: Susan Miller
Sergeant-at-Arms: Reginald Hodges
Finance Advisor: Barry Curtis

2014-2016 Board of Directors

Shelly Green
Deirdre Haj
Deana Labriola
Eric Miller
David Reese
B. C. Dash
Andy Esser
Blake Strayhorn
Meg Solera

Club Website Master

Jay Zenner, Designer; Updates

Questions and comments about food waste caused some of us --- I, for one --- to look shamefacedly at the uneaten food on our plates. A related question asked was about the food left on the buffet at the end of our lunch. Club Member and Fellow Rotarian, Jen Noble, General Manager of The Durham Convention Center, explained that, once food had been prepared and set out, it could not be given away. However, she said they have partnered with various organizations that serve meals to those in need.

Several Rotarians expressed their gratitude for the efforts of Interfaith Food Shuttle and other non-profits that collect and distribute food. Ernie Mills, for example, said that the 400 meals per day served at The Durham Rescue Mission, depends, in large measure, on the work of such organizations.

Submitted By: Allen Cronenberg

CLUB BANNER EXCHANGES AT OUR JUNE 15, 2015 MEETING

Treat Harvey Asks For Volunteers To Paint The Carolina Theatre

CLUB TREASURER, SUSAN MILLER GIVES HER ROTARY MINUTE AT OUR JUNE 15, 2015 MEETING

When Guy Solie approached me and asked me to do my Rotary Minute, after cringing a wee bit, and having my life flash before my eyes, I said, sure. Guy said to me, "Were you there for Charlie Steel's Rotary Minute? It was fantastic! Do something like that." Charlie told a tale of a life changing event. Upon reflection, I discovered my life changing event was simply moving here.

To read the entire Article, please click on the link below:
http://durhamrotaryclub.org/2015/06/rotary-minute-susan-miller/

Governor's Installation Banquet

The Durham Convention Center
WEDNESDAY, JUNE 24, 2015
Registration Fee: $48.00
(Register By: June 17, 2015!)
Go To: www.rotary7710.org to Register
Click on the "Click here to REGISTER" tab.
(No Refunds After June 17, 2015)

THE ROTARY CLUB OF DURHAM
END OF YEAR CELEBRATION
MONDAY, JUNE 29TH, 2015
5:30 P.M. – 8:30 P.M.
THE DURHAM CONVENTION CENTER
$20 PER PERSON
Cash Bar, Dinner, Fun & Laughter
(Checks Are Made Payable To The Rotary Club of Durham)
Please RSVP To Sharon No Later Than Monday, June 22, 2015!
Note: There will be no daytime meeting on June 29th!

Club Facebook link: www.facebook.com/DurhamRotaryClub
Executive Secretary: Sharon Lassiter
slassiter38@nc.rr.com